



Hiking injuries and prevention

File your taxes and then come to the Senior Center to learn how to prevent and heal hiking related injuries.

If you would like to submit questions to Derick Paige, please email me at: cmc.program.director@gmail.com

Presented by:
Derick Page Rocky Mountain Physical Therapy

DATE: Wednesday, April 15, 2015

TIME: Social time starts at 7 pm and the presentation starts at 7:30 pm

LOCATION: Fort Collins Senior Center, 1200 Raintree Drive, room 3

SPONSORING GROUP: Fort Collins Colorado Mountain Club

CONTACT: Bob Dietz, cmc.program.director@gmail.com



NOTE:

APRIL's meeting is the third Wednesday instead of the 4th for this month only!